All New Square Foot Gardening Cookbook

Taking the Harvest to the Table

MEL BARTHOLOMOW

Create easy, great meals
Eat fresh for better health
Reduce your grocery bill
Maximize your harvest

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Synopsis

The best-selling gardening book author, Mel Bartholomew, offers more than 135 recipes to enjoy the harvest from your square foot garden. The featured fresh fruits and vegetables offer healthy, cost effective and chemical free additions to every meal. Mel adds harvesting techniques and yield information for each of the seventeen vegetables, fruits, and herbs and adds penny pinching tips, square foot advice, and even a kid's gardening corner throughout the book. Full color photographs illustrate the fruits, vegetables and healthy meals throughout the book.

Book Information

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Customer Reviews

I received an All New Square Foot Gardening Cookbook for Christmas. This is NOT "just another cookbook". It is packed with extra info like when to harvest, signs that it is ready, how to harvest and tips for storage. The pages for Planting Schedule for Continuous Harvest Crops and Plant Spacing contain the extra help I need. I am not a big fan of eggplant but I can see myself trying these recipies. I may find a new favorite veggie! I think this "cookbook" will encourage more people to start a garden and take their harvest to the family table. Marsha Garner Kyle, Tx.

I usually pick up a few magazines and books to read while I am in Lowes to stave off the boredom while DH looks at everything hardware and power toolwise. Today I happened to pick up this book. I was intrigued as I had read the Square Foot Gardener book. I had never implemented anything in the book mind you, but it was still an enjoyable read. I figured that anyone who is that awesome a
gardener must have some awesome fresh recipes. I was definitely not disappointed! First of all, the book is beautiful. Nice large colorful pictures of not only the dishes, but also of the vegetables, herbs, etc. that are grown to make the dishes. The book is divided into sections for each vegetable with instructions on growing, pairing, etc., in the beginning, followed by a couple of recipes highlighting each vegetable. There is also a section and a few recipes for herbs. Some of the recipes are a variation of classics, but others are new inventions. The ingredients are easy to find so you won’t have to search high and low for that one ingredient that makes the dish special. All the recipes looked and sounded yummy. They are also relatively health, using sour cream (you can substitute non-fat if you choose) and no butter. There was only one I thought wasn’t the greatest because it uses 2 cans of cream soup. Soup being very high in salt. I was so excited about this book that I almost bought it right then and there at $17.97, until I remembered . So, I rushed home to order it right away. Thank you Mr. Bartholomew for a wonderful cookbook! I can’t wait to get the book in and get cooking.

I vowed I’d never buy another cookbook, but after seeing this I had to have it. I was never sure when to pick the vegetables from my garden, but this “cookbook” tells me. Plus if I should get an overabundance of a certain crop, I have several ways to use it. I had the privilege of meeting Mel Bartholomew when I went to a symposium to become a certified teacher of the Square Foot Gardening method. His Foundation (the Square Foot Gardening Foundation) is trying to wipe out world hunger. This book would make a great gift for anyone who loves good food made from fresh ingredients.

After getting so much produce from trying the square foot gardening I figured I better find some new recipes. We tried the green bean salad and it was yummy. We’re going to try the cucumber drink next. I also like the recipes to use when you have an overabundance of one crop. Thanks

I ordered this as a companion to All New Square Foot Gardening. The cookbook adds some fun and interesting facts to the gardening book. The recipes are delicious, easy to modify if needed and offer as inspiration to create original recipes using what is growing in your garden.

This book series by Mr. Bartholomew, makes gardening far more fun and less work-intensive. The series guided planning, careful implementation and ease of projects allows my whole family to make a contribution. We can literally see and enjoying the fruits of our labor. This cookbook is an added
bonus, a direct connection. We have an even more humble appreciation for our meals. Now I think our meals are more like a presentation! Thank you. :)

Love this book!!! I have made 4 by eight gardens with the grids and I have plants, vegetables, and have already eaten spinach, and radishes, am so excited about being able to eat the rest. So far no chemicals and I have dirt in my homemade trash can compost already. The book is everything it says it is and works just like Mel Bartholomew says it will. If you want to garden, this is it. Even made the trellises and they are great. Perfection at it best.

This is a very good book, but needs to follow his earlier books. Our favorite is just The Square Foot Gardening book, newest edition. I believe that Moms should use it and benefit from it, and children will learn both gardening and cooking the RIGHT way.

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